



loadsol®

in back-to-sports training

Load assessment for return to sport post-injury

Use loadsol® to achieve sportspecific feedback to regain control and balance through real-time dynamic in-shoe force measurement.

Get **direct feedback** on an athlete's reaction time, speed, strength and balance and reduce potential **re-injury** by measuring foot loading.

loadsol® key benefits for sports scientists:

- record and monitor extremity loads accurately and reliably using novel's high quality standards
- gain insights on performance values like loading rate, impulse, symmetry, or peak forces remotely via cloud sharing
- measure training in any environment via the simple interface
- synchronize with motion analysis systems via TTL using loadsync



Application package

Utilized system and software





Insoles:
6 x loadsol® of each size

Measurement: **loadapp**

Evaluation: loadpad Analysis

For complete assessment and evaluation we recommend 6 pairs of loadsol® in various sizes and the loadpad® analysis software to comprehensively evaluate the athlete's progress.

References and publications

Published literature using the loadsol® for monitoring of athletic performance

- Force sensing to predict kinetic knee symmetry during a stop jump Journal of Biomechanics (Queen, R. M. et al., 2019).
- Landing biomechanics deficits in ACL reconstruction patients

 Journal of Orthpedic research (Queen, R. M. et al., 2022).
- Accuracy and precision of loadsol insole force-sensors for biomechanical running parameters

Journal of Sports Science (Schwirtz, A. et al., 2018).

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